

## **Guidelines when setting a run in Singapore's Nature Reserves and Parks.**

- Hares must give at least 3 weeks notice to the GM's if intending to set a run in a Nature Reserve.
- The GM's are responsible for notifying National Parks of an intended run in their Reserves at least 2 weeks in advance, Individual members are not to have contact with National Parks.
- **Only toilet paper is allowed at the Nature Reserves. Flour and chalk are not to be used under any circumstances.**
- Paper should be laid conservatively and inconspicuously to the general public
- Hares are responsible to clear up the paper by the next day or the sweeper is to clear up the trail. (this is to be done irrespective of where the run is laid)
- **Stick to the existing tracks** (i.e. those clearly marked by the Npark) if you are laying runs in the Nature Reserves.
- Strictly **NO CHOPPING of plants** in the Nature Reserves
- **No Creating or cutting a new path** in the Nature Reserves
- **No arrows to be drawn** on the roads or anywhere else in the nature Reserves.
- Hares are accountable for their runs and if in the event a fine is imposed the hares will have to bear the cost. These fines are significant. (up to \$500) Repeat offences will lead to even heavier fines and result in that Hash Chapter being banned from running in Nature Reserves for 6 months.
- Outside the Nature Reserves, use flour only on the ground and not on tree trunks..
- **Labrador park, Sungei Buloh, Kent Ridge Park and Mount Faber** are also managed by the Nparks, so be mindful when setting runs there.
- **Maps of the Central Catchment area are appended below.**

**Nparks now have a contact for each Hash Chapter in Singapore (in most cases the GM) and will call up any chapter that breaches any of these rules and will ban the Chapter till the matter is resolved. A warning will also be issued to the chapter. A fine will be imposed if a second breach is committed. The hares will have to bear the cost of the fine.**

**Hares will need to think even more carefully about their run sites and trails.**

**Hares will need to plan their run well in advance.**

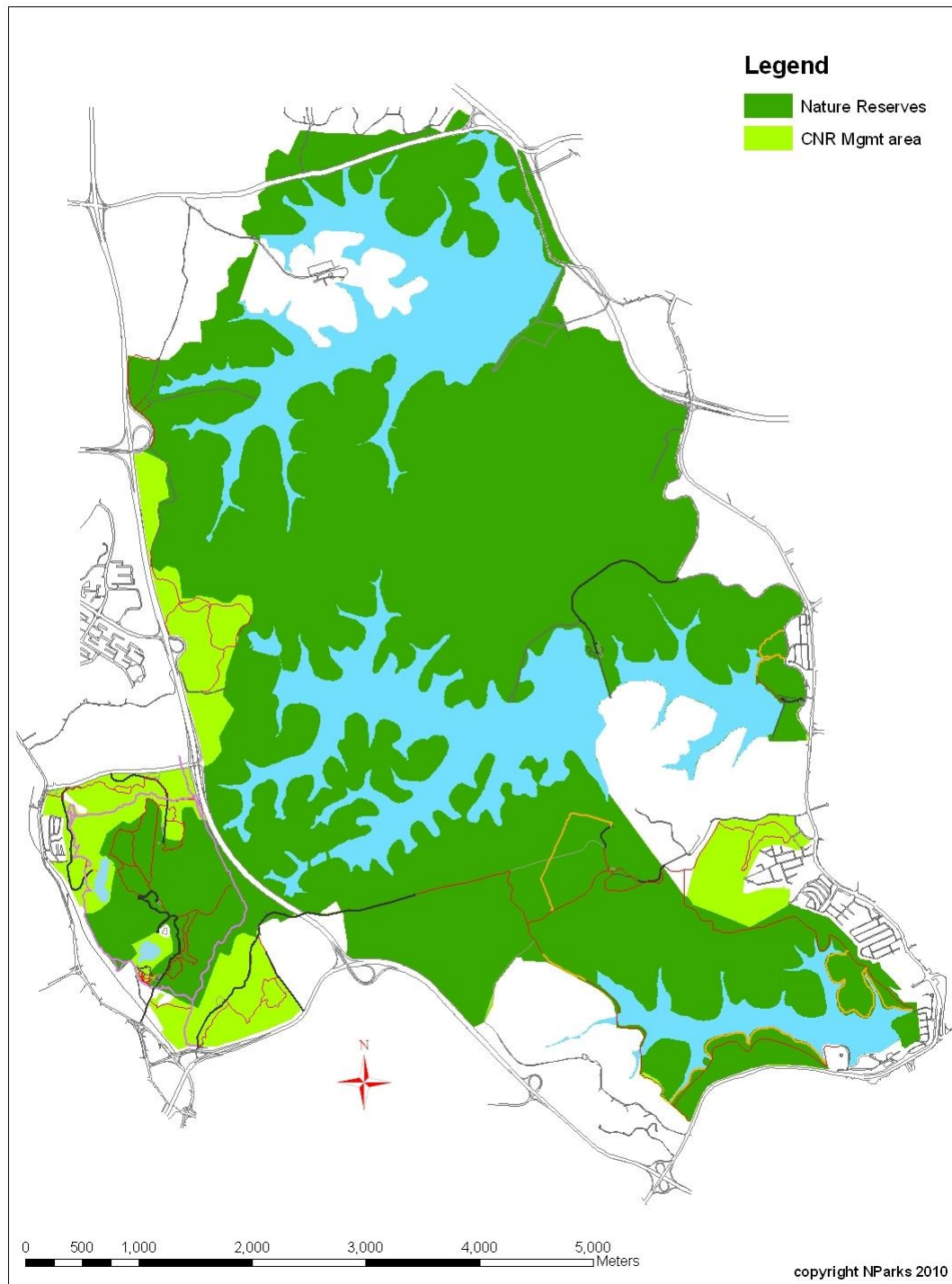
**Sweepers will become increasingly important – for making sure all runners return safely and for picking up the paper.**

**Late comers to a run may find that there is no trail left to follow as the sweeper will have picked it up.**

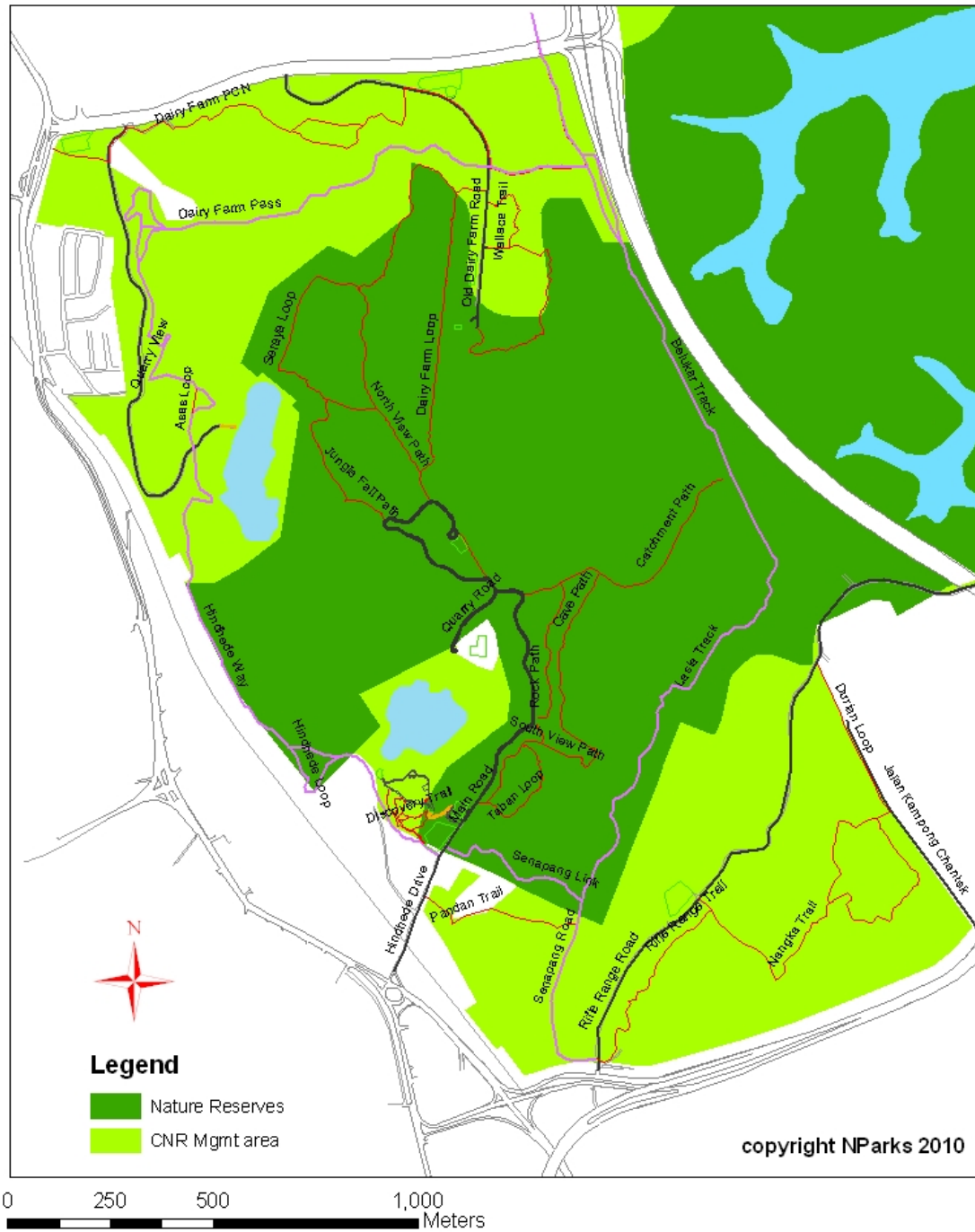
**There is a need to consider alternative markings for the runs that can be easily removed eg ice cream sticks, or plastic markers. This is currently being looked at. As a measure of goodwill and community service, we will hold a cleaning campaign in one of the Reserves or Parks at some stage during the year.**

**These guidelines have been agreed on by all Hash Chapters in Singapore in consultation with National Parks. We will keep you updated on any changes. Thanks for your understanding!**

## MAP OF THE DESIGNATED TRACKS WITHIN THE CENTRAL NATURE RESERVES



# MAP OF BUKIT TIMAH NATURE RESERVE



## MAP OF THE MACRITCHIE NATURE TRAILS

